

Shakleebaby™ and Shakleekids™ Dietary Supplements FAQs

Q. Who can take Shakleebaby and Shakleekids nutrition products?

A. Shakleekids Mighty Smart™ DHA chews are intended for children ages 4 years and older and also can be consumed by adults. Shakleekids Increditives™ is intended for children ages 4-12. Shakleebaby Multivitamin & Multimineral Powder is intended for infants **older** than 6 months and toddlers 1-4 years of age.

Q. DHA is a key ingredient in Shakleekids Mighty Smart chews. What is DHA? What are the health benefits for my child?

A. DHA (docosahexaenoic acid) is an omega-3 fatty acid and is a major building block of brain and eye tissue. Adequate intake early in life is vital to proper brain and visual development and to ensure the cells of the brain, retina, and other parts of the nervous system develop and function properly.*

Q. I am concerned that my child isn't getting enough vitamin D. Do Shakleekids and Shakleebaby multivitamin/multimineral products provide sufficient amounts of vitamin D?

A. To address the growing concern about inadequate intake and deficiency of vitamin D in young children, both the Shakleebaby Multivitamin & Multimineral Powder for Infant and Toddlers and Shakleekids Increditives provide essential bone health nutrients, with a special focus on delivering vitamin D in amounts known to be beneficial to infants and children. A serving of Shakleebaby Multivitamin & Multimineral Powder delivers 400 IU of vitamin D. A serving of Shakleekids Increditives delivers 600 IU of vitamin D. The amount of vitamin D in both products is considered to be very safe and well below the current, upper limit of safety which has been set at 2,000 IU per day.

Q. What is lactoferrin?

A. Lactoferrin is a unique, biologically active milk protein. Also found naturally in breast milk, it is believed to provide one of the immuno-protective effects associated with breast-feeding. Lactoferrin has been shown to act as a prebiotic—it fuels the growth of beneficial microflora, which in turn supports digestive health. Studies also indicate lactoferrin activates other components of the immune system.*

Q. What is oligofructose-enriched inulin?

A. Oligofructose-enriched inulin is a type of fiber, specifically a uniquely processed blend of inulin and oligofructose (fructooligosaccharides) that has been derived from the root of the chicory plant. It is made using a proprietary process that results in a specific combination of long and short chained fibers. These fibers are not broken down by the stomach or intestines and remain intact when they reach the large intestines, where they are metabolized by and promote the growth of beneficial microflora. The particular oligofructose-enriched inulin used in Shakleebaby Multivitamin & Multimineral Powder has been clinically tested to promote digestive and immune health benefits in infants and toddlers.*

Q. What are the health benefits of prebiotics?

A. By promoting the growth of beneficial microflora, such as *lactobacilli* and *bifidobacteria*, prebiotics help promote a healthy digestive system, which in turn also supports immune function. Studies have shown that when infants, toddlers, and young children consume infant formula or foods enriched with prebiotics they experience better digestive and immune health.*

Q. Are the products gluten free?

A. Yes, the products are gluten free.

Q. Are the products kosher?

A. Shakleebaby Multivitamin & Multimineral Powder and Mighty Smart DHA chews are kosher. Increditives is not kosher; the product contains lactoferrin, a dairy-based, nonkosher ingredient. Shaklee Vita-Lea® Ocean Wonders® is available as a kosher option.

Q. How do I store the products?

A. We recommend storing Shakleebaby Multivitamin & Multimineral Powder and Mighty Smart DHA chews in a cool, dry place. Increditives can be stored at room temperature.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.